

Depression Screening

How are you feeling?

Patient:

DOB:

Do you feel sad, blue, unhappy or “down in the dumps”?

- Never
- Rarely
- Sometimes
- Often
- Most of the time

Do you feel tired, have little energy, or are unable to concentrate?

- Never
- Rarely
- Sometimes
- Often
- Most of the time

Do you feel uneasy, restless or irritable?

- Never
- Rarely
- Sometimes
- Often
- Most of the time

Do you have trouble sleeping or eating (too little or too much)?

- Never
- Rarely
- Sometimes
- Often
- Most of the time

Do you feel that you are not enjoying the activities you used to?

- Never
- Rarely
- Sometimes
- Often
- Most of the time

Do you think things always go or will always go wrong no matter how hard you try?

- Never
- Rarely
- Sometimes
- Often
- Most of the time

Do you feel you have lost interest in sex or are you experiencing sexual difficulties?

- Never
- Rarely
- Sometimes
- Often
- Most of the time

Do you feel it takes you longer than before for you to make decisions?

- Never
- Rarely
- Sometimes
- Often
- Most of the time

Do you feel inadequate?

- Never
- Rarely
- Sometimes
- Often
- Most of the time

Do you feel that no one likes you anymore? []

- Never
- Rarely
 - Sometimes
 - Often
 - Most of the time

Do you feel guilty without a rational reason?

- Never
- Rarely
- Sometimes
- Often
- Most of the time

Do you put yourself down?

- Never
- Rarely
- Sometimes
- Often
- Most of the time